

All songs written by Diane Ponzio, and featured on the full length CD entitled  
“On The Inside” (p) & © 2017 Soulfeggio Music, BMI

## **1. ALL ALONG**

**WHY DO WE DO THE THINGS WE DO WHEN WE KNOW THAT THEY ARE  
WRONG?**

**ARE POWER AND GREED WHAT WE REALLY NEED**

**WHEN WE KNOW WHAT’S TRUE ALL ALONG**

It’s pouring again, that’s nothing new - but Queen Street seems so long  
Taking our seats in the movie house among the well-dressed throng  
Getting hard to see the human in humanity

### **CHORUS**

It cost more to park the car than eat - we think that’s so unfair  
The problems we face are luxurious when we compare  
Where do we start? A change of heart is a necessity

### **CHORUS**

Counting the swimmers on Cheltenham Beach on a sunny afternoon  
The taste of the salt and sun on my skin...a lovely dinner soon  
Another shooting spree - another Mother’s tragedy

### **CHORUS**

## **2.COCONUT TREE**

I love vacation - long days by the sea  
The sweetest sensation feeling easy and free  
*Holidays* wherever you stay make you feel grateful for every day

**YOU CAN FLY LIKE THE BREEZE  
SWIM LIKE A FISH  
SLEEP LIKE THE CORAL BELOW  
DO WHAT YOU WISH WHEREVER YOU GO BUT  
DON'T PARK THE CAR UNDER A COCONUT TREE**

I love vacation - especially with you  
I always enjoy it whatever we do  
*Holidays* in rain or in sun give us a reason to relax and have fun

CHORUS

V-a-c-a-t-i-o-n Is just like L - I - F - E  
You can choose to complain while cursing the rain  
Or live your life like a dream

I love vacation - it's never a bore  
It always reminds me what I'm working for  
*Holidays* and all that they give teach us a lesson on how we should live

**YOU CAN FLY LIKE THE BREEZE  
SWIM LIKE A FISH  
SLEEP LIKE THE CORAL BELOW  
DO WHAT YOU WISH WHEREVER YOU GO BUT  
DON'T PARK THE CAR  
DON'T PARK THE CAR  
DON'T PARK THE CAR UNDER A COCONUT TREE**

## **3.ON THE INSIDE**

I know my weather boards are weathered  
They need a scrape and sand and paint  
I watch the neighbors pass by staring  
I hear them whisper their complaints

**WE LIVE ONE BLOCK FROM THE BEACH  
THERE'S A VIEW FROM EVERY ROOM  
EVERY NIGHT WE'RE FACE TO FACE WITH THE MOON  
FROM THE OUTSIDE LOOKING IN ALL YOU SEE IS A RUN-DOWN HOUSE  
BUT WE'RE HAPPY ON THE INSIDE LOOKING OUT**

I know the weeds and concrete  
Make us stand out from the rest  
It's not that we're uncaring  
But who's to say whose home is best

### **CHORUS**

I know it's not as pretty as your house  
And judging comes to us so naturally  
The book by the cover, the son by the mother  
The color of your skin  
Forget what lies within

I know the roof needs mending  
I see the cracked and missing tiles  
This place needs no defending  
It never fails to make us smile

### **CHORUS**

## **4. THROW ME A LINE**

If I go crazy  
If I go hungry

If I go blind  
And mistake the sky for the sea  
If I get wasted  
If I get restless  
If I get lost  
And the waves start taking me

### **THROW ME A LINE (X7)**

If I come to nothing  
If I come away empty  
If I come apart  
Bit by bit at the seam

### **CHORUS**

Sometimes I lose my way  
Can't find a door  
If I get carried away  
Pull me back to shore

If I go to pieces  
If I get into trouble  
If I come undone  
And forget what's important to me

### **CHORUS**

## **5. JUST FOR ME**

Times are bad, times are rough  
Seems like more than many don't have enough  
Those who find peace of mind seem so few

Never know what's in store  
Some believe that it's the luck of the draw  
But I think heaven sent you here just for me

People seem so insane for reasons no one can explain  
Bullets fly, people lie cheat and steal  
Many things we ignore and forget what life is worth living for  
But I think heaven sent you here just for me

*When your eyes find me they always remind me  
Of something in this world that's good  
I wasn't the only one who was lonely and wanted to be loved  
and understood*

Since the day that we met, ask myself how lucky can you get  
Cause I think heaven sent you here just for me

Every dream that we chase, every tragedy we can't erase  
They are sand that will make us a pearl  
Fate will twist bend and curve  
And we won't always get what we deserve  
But I think heaven sent you here  
I think heaven sent you here  
I think that heaven sent you here just for me

## **6. LOVE WHAT YOU DO**

Everybody's right - everybody's wrong  
But nobody knows how to get along  
Tired of being tired, and always wanting more  
Living in a screen inside a metaphor

**LIFE IS A MAZE  
THE ONLY WAY OUT IS THROUGH  
SO, DO WHAT YOU LOVE  
AND LOVE WHAT YOU DO**

Everyone's the same, as different as we seem  
Everybody wants to wake inside a dream  
Don't complain to me...it shows you are confused  
Measuring will always make you lose

**CHORUS**

Go your way  
Do what you do  
But remember what they say  
Cause some clichés are true

Can you understand?  
It's not about the amount  
All the things we really want you cannot count

**CHORUS**

**7. PINCH OF LOVE**

Shake it all up, put it in a mixer  
Then you can fix her something nice - add a little spice, to make it tasty  
Turn up the heat, make it sweet, finger-licking good like it could be  
Like it should be

**But Don't Forget The Main Ingredient  
JUST A LITTLE BIT BUT YOU GOTTA GIVE IT**

**A PINCH OF LOVE  
JUST A LITTLE BIT BUT YOU GOTTA GIVE IT  
A PINCH OF LOVE  
JUST A LITTLE BIT BUT YOU GOTTA GIVE IT  
A PINCH OF LOVE**

Get a low flame, stir it all around, 'til it's golden brown  
A perfect roast! Spread it on toast, cause it's so tasty  
Slowly bake, as long as it takes, you ain't being in a hurry ever...No, no never

**And Don't Forget The Main Ingredient  
JUST A LITTLE BIT BUT YOU GOTTA GIVE IT  
A PINCH OF LOVE  
JUST A LITTLE BIT BUT YOU GOTTA GIVE IT  
A PINCH OF LOVE  
JUST A LITTLE BIT BUT YOU GOTTA GIVE IT  
A PINCH OF LOVE**

*When you love to cook, you don't need a book  
If you care it's like a prayer*

**So Don't Forget The Main Ingredient  
JUST A LITTLE BIT BUT YOU GOTTA GIVE IT  
A PINCH OF LOVE  
JUST A LITTLE BIT BUT YOU GOTTA GIVE IT  
A PINCH OF LOVE  
JUST A LITTLE BIT BUT YOU GOTTA GIVE IT  
A PINCH OF LOVE**

## **8. THERE'LL COME A TIME**

Pass me the cream- that stuff you say works  
Because it seems everything hurts  
But that's OK - you won't hear me complain  
It's just what happens like a weekend of rain

**THERE'LL COME A TIME**

WHEN YOUR MOVING PARTS WON'T MOVE SO GREAT  
YOU'LL CREAK LIKE A GATE, REGRET WHAT YOU ATE  
AND SAY IT'S TOO LATE TO CHANGE  
THERE'LL COME A TIME  
YOU'LL BE GLAD TO SURVIVE  
WE FIND OUT TOO SOON NOBODY'S IMMUNE  
NO ONE GETS OUT ALIVE

With each passing day there's something you lose  
Sometimes it's your keys, sometimes it's a tooth  
But don't lose your smile, that's more precious than gold  
Are you getting older, or just growing old?

### CHORUS

That party dress you saved for best doesn't look good  
anymore  
Your "use by" date is knocking at the door

You may become wise and give good advice  
Perhaps you'll improve and the discounts are nice  
But don't fool yourself this is no waiting game  
Count all your blessings, even the change

### CHORUS

## 9. THERE'S A MADMAN IN THE HOUSE

He came in with the darkness  
Fancy suit and tie  
Hair done to perfection to match his perfect lies  
At first he did not scare me, but then I saw his team  
Every woman's nightmare and every bully's dream

**LORDEE LORDEE PLEASE**



**DO SOMETHING QUICK  
I BELIEVE WE'RE ALL AT RISK  
THERE'S A MADMAN IN THE HOUSE**

Everybody's fearful preparing for his attack  
Too many mothers are tearful - Papa's not coming back  
He's got lots of weapons  
We've got forks and knives  
I think he's having so much fun playing with our lives

**LORDEE LORDEE PLEASE  
SEND DOWN A THUNDERBOLT  
SHAKE US UP WE NEED A JOLT  
THERE'S A MADMAN IN THE HOUSE**

*Ain't there something that you can do cause he thinks he's got more  
power than you  
In the east, the west, the north, the south  
No one can believe what's coming out of his mouth*

We've got to get together, we've got to make a plan  
Nothing's gonna get better until we take a stand

**LORDEE LORDEE PLEASE  
DON'T WASTE NO TIME  
THIS GUY IS REALLY OUT OF HIS MIND  
THERE'S A MADMAN IN THE HOUSE  
THERE'S A MADMAN IN THE HOUSE  
THERE'S A MADMAN IN THE HOUSE  
10. WHAT WOULD LOVE DO NOW?**

Situations that you find yourself in  
Full of confusion fear and sorrow  
If you need a way to go stop and ask the question

**WHAT WOULD LOVE DO NOW  
WHAT WOULD LOVE SAY NOW**

**HOW WOULD IT BE IF LOVE WAS HERE WITH YOU?  
WHAT WOULD LOVE DO NOW  
WHAT WOULD LOVE SAY NOW  
HOW WOULD IT BE IF LOVE WAS HERE WITH YOU?**

Generations keep repeating the pain  
Making each other sad and sorry  
If you need a way to go stop and ask the question

**CHORUS**

*Between countries between friends, how can we make amends  
When all we ever do is keep throwing stones  
We need a way to go  
Why don't we stop and ask the question*

**CHORUS**